

TOURNAMENT TEAM PRACTICE POLICY (2016)

- a. A manager or coach, AND three or more players from the same team, together with a minimum amount of equipment (ball and glove, etc.) shall constitute a practice.
- b. Each team may conduct five mandatory practices and one voluntary practice each week. Managers are strongly encouraged to make Wednesday practices voluntary. Sunday practices are strongly discouraged unless you have lost a day of practice during the week due to weather. You must take one day a week off.
- c. Each team will be limited to 120 minutes (2 hours) of practice per day, in a single session. You cannot split sessions in a single day. Two teams playing a practice game together can practice for no longer than 120 minutes, with the actual game time limited to no more than 100 minutes.
- d. The only exception to section c above will be when the team is entered into an approved jamboree/tournament, in which they may play whatever games are scheduled as part of the jamboree. To participate in more than one jamboree, you must obtain approval from your Associate Commissioner and the League Commissioner.
- e. Violation of any of the above practice guidelines will not be tolerated. Violation of post-season practice guidelines shall be dealt with harshly. A first violation shall require that the manager or coach appear before the Commissioner and his/her Associate Commissioner to explain his/her actions. A manager or coach, who violates the practice guidelines for a second or subsequent time shall be suspended indefinitely. The manager or coach must appear before a meeting of the Board of Directors to be reinstated, and it is possible that post-season play will be completed before the Board can meet.
- f. A manager or coach who is suspended indefinitely during the post-season shall be required to appear before the Board of Directors before being approved to coach in a subsequent league year.